

YEAR 9 MADRID TRIP – READ MORE PAGE 3

Becket Keys Church of England School

9th June 2023

Mrs Trebess writes:



FREE PARENT WORKSHOP: ANXIETY

This Monday 12th June at 5.30pm, Mr Shields and Mr Scott-Evans are running a Parent Workshop on the topic **Anxiety: How to normalise emotions and build positive conversations at home.**

They will be joined by Rebecca Ashbourne, a therapist who specialises in helping young people.

Mental health issues amongst young people are on the rise according to a recent NHS survey, (probably worsened by the COVID pandemic), and it is important for young people to feel able to have conversations at home around mental health. This workshop will help parents to understand how to have these conversations effectively.

As Deputy Headteacher responsible for Curriculum, I occasionally receive calls from parents where students are taking a subject that is making them anxious. The request that follows is usually, 'can they drop that subject and do something else instead?'

As the mental health lead for the school, Mr Scott-Evans has explained to us all that the latest guidance is <u>not</u> to remove students from things that cause

.....contd. on page 2

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Madrid Trip

Find out about the adventures of our Year 9 students on their recent trip to Spain.

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Performing Arts Department

There are several exciting events coming up this term.

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South Weald Festival

A week of celebration and events for St Peter's Parish, including a concert featuring Becket Keys students.

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Art & Textiles

Excellent work from our talented students.

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them anxiety or stress. The latest research indicates that there is a danger such an action (whilst made with every good intention) actually teaches the child that if something is hard it should be avoided, rather than developing resilience that comes from being exposed to things that are hard.

At Becket Keys we make sure that we create a calm, safe and supportive environment to help all young people to learn. We will put in place short-term reasonable adjustments to assist students who are anxious. Starting small, students can build up their experience and grow in confidence.

Parents can play their part by having conversations with their sons and daughters about mental health, which will allow anxiety issues to be caught early and dealt with effectively.

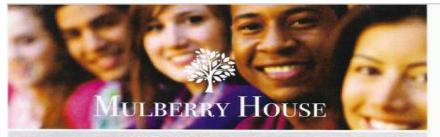
We look forward to seeing many of you on Monday.

Free tickets are available NOW via Eventbrite using the link below:

https://www.eventbrite.co.uk/e/ free-parent-workshop-teenagemental-health-tickets-651806469697

> Mrs Trebess Deputy Headteacher





WELLNESS EVENT

Journeying through life with your teenager

Monday 17th July evening

with Patrick Regan and Joel Harris from Kintsugi Hope at Mulberry House Hotel, High Ongar, Essex

Are you a teacher, parent, grandparent, carer or youth-worker?

Join us for an evening of insight into the struggles our youngsters are facing today. Patrick and Joel will tackle the challenges teenagers are going through and discuss the tools older generations can use to support them.

Bar open from 6pm Summer Evening Buffet: £12.50 (please pre-book) Kintsugi Hope talk from 7.30pm: £5 including tea/coffee

Kintsugi Hope was founded by Diane and Patrick Regan OBE after a series of operations and events that took them to the brink; physically, mentally, emotionally and spiritually. They faced illness and loss in their family and community. Patrick is a mental health first aider, a campaigner on issues of social justice and was awarded an OBE for his services to the young by her Majesty the Queen Elizabeth II. He is an Honorary Fellow of the South Bank University for his contribution to Justice and Wellbeing.



To book please call: 01277 365398 or email reception@mulberry-house.com

MULBERRY HOUSE Chelmsford Road, High Ongar Essex CM5 9NL

Year 9 – Trip to Madrid

What a wonderful time we had with the Year 9 students in Madrid at the end of May. We took 39 students with us on a fantastic 4 day trip to see the sporting, historical and cultural delights that Madrid has to offer.

Day 1 – compliments all round!

We were met by excited children and bleary-eyed parents in the early hours of Thursday morning and made our way to the airport. After a bit of breakfast, we boarded the plane and, (after a short delay), took off into the sky. While we waited to collect our luggage at Madrid airport, a member of the public who had been on our flight made a point of coming to tell us how incredibly impressed he was by the behaviour of our students on the flight! Once we arrived at our hotel, the students excitedly went to their rooms and unpacked before heading out for a wonderful flamenco show with traditional Spanish tapas. The students really enjoyed tasting the local delicacies and joined in





enthusiastically with the flamenco music!

Day 2 – football and culture

Our tour of the Bernabau stadium was a firm favourite for our many football fans. Students got to sit in the stands and then we spent some time surrounded by silverware in the Real Madrid museum within the stadium. Lots of students had a Real Madrid tshirt on their shopping list, so we ended the tour in the club shop. After lunch we then had a dose of culture in the world-famous Prado Museum which contains stunning works of art by Picasso, Rembrandt, Titian, Raphael and Goya. The students found the famous 'Prado Mona Lisa' – a painting done by Leonardo Da Vinci's apprentice whilst Da Vinci was painting the original and the likeness was uncanny. Students Page 3 of 17

also recognised some famous events from the Bible (the last supper, the transfiguration etc) in various paintings around the museum. On Friday evening we then went out in groups to explore the city on foot.





BECKET KEYS CHURCH OF ENGLAND SCHOOL 9TH JUNE 2023



Day 3 – rides galore!

I think that day 3 was a highlight for most of the students! We had an excellent day in the Warner Brother theme park, which was conveniently quiet, meaning that we had short queue times. Students were able to take on rides of all levels, ranging anywhere from a calm water ride to an intense ride at speeds on 115km/hour! Again, in the



evening we were able to have a brief walkabout in the city, visiting the famous Chocolateria San Gines – a churros café that has been open for 129 years and is estimated to have sold around 929 million churros!

Day 4 - walking tour

After packing up our belongings and checking out of the hotel we set off on a walking tour of some of the most famous sights in Madrid. We first made our way to the Royal Palace of Madrid that was once home to many Kings of Spain and is the largest of its kind in Western Europe. Just a short walk away is the beautiful Cathedral Almudena, a Neo-Gothic cathedral dating back to the mid-nineteenth century. This allowed for some quiet time of reflection for both the students and staff after 3 days of activities. Through the side streets we then Page 4 of 17

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got to one of my favourite places in Madrid– the San Miguel Market – an incredible indoor food market boasting the best of local delicacies that Madrid has to offer. Students were keen to enjoy delight such as empanadas, and even octopus! To finish our tour, we took some time to explore Plaza Mayor, a bustling market square that was erected in the 16th century.

It has been wonderful to hear how much the students enjoyed the trip, and I know that they would all recommend it for others in the future. Well done to every single one of the students who attended, you were an absolute credit to the school.





Miss Brown

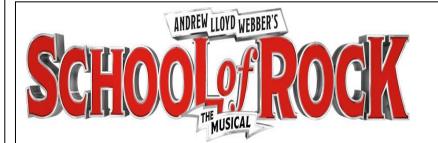
Performing Arts Department



Are you interested in learning the snare drum or bass drum? Why not take the opportunity to join the Becket Keys Marching Band!

There are limited spaces for the bass drum, so speak with the Music department as soon as you can and join the rehearsals after school every Tuesday in Ro2.





This year the school production is School of Rock and our students have been busy rehearsing for this fabulous show!

Tickets are now available to purchase, and this can be done via ParentPay.

Production Dates:

Monday 17th July Tuesday 18th July Wednesday 19th July

7.oopm for a prompt 7.3opm start Refreshments will be available to purchase.



<u>Wednesday 21[#] June 7 pm-8 pm</u> <u>Chelmsford Cathedral</u>



Free Entry - retiring collection for Music Man Project

South Weald Conal Festival 2023

This festival originated from the South Weald Flower Festival which started in 1964 and has evolved each year to become the South Weald Patronal Festival which is a week-long event. The theme this year is 'Our environment-Our planet-Our future'.



Becket Keys students will be joining students from St Peter's for a concert taking place on Tuesday 20th June at St Peter's Church, South Weald starting at 7.00pm. Tickets are £5.00 and are available from both schools.

For more details about all the events being organised go to the festival website:

https://www.southwealdfestival.c o.uk/

You will find more information and booking details for all the events being held during the festival week.



An evening of music in the Church with talented musicians from our community from Becket Keys CofE School and St Peter's CofE Primary School.

Tuesday 20 June 2023

7.00pm

Tickets £5.00 £3.00 Concessions

Charities Update

As you are aware, the school charity committee met before Christmas and decided to support 'I Got Shoes' and SNAP as the two chosen charities for this year. This means that half of the money from the recent non-uniform day has gone to each of these worthy causes.



We have been raising money this year to make a difference to this important work in Uganda to assist young people (especially girls) to attend school. If you want to look at the website to find out more or to support the charity directly click here: <u>igotshoes.co.uk</u>.



Special Needs and Parents (SNAP) is a local charity based in Brentwood and this charity provides support for families with children and young people who have any additional need or disability.

SNAP's aims are to inform, encourage and support parents so that they can grow in strength and knowledge and become better equipped to give the best possible help to their children.

Find out more about their work and how you can support them here: <u>https://www.snapcharity.org/</u>



5 June 2023

Mr Andy Scott-Evans, Headteacher Becket Keys C of E Secondary School Sawyers Hall Lane Brentwood CM15 9DA



On behalf of I GOT SHOES charity, please accept our wholehearted thanks to Becket-Keys staff and students for the generous gift of £402.50 received 5 June 2023. We love that your students are bringing hope to other students across the world!

Pictured above are some of our Shalom students in March this year. We're so thankful that for these young girls their future now is bright. Giving access and keeping children in education, not only impacts the lives of students and teachers but the community as well.

Thank you again for your kindness and heart to make a difference.

With love and gratitude,

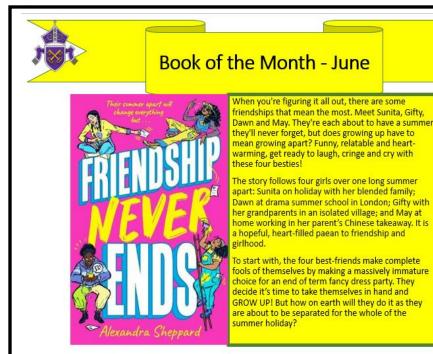
Dear Mr Scott-Evans,

Gary & Penny Seithel I GOT SHOES, founders





BECKET KEYS CHURCH OF ENGLAND SCHOOL 9TH JUNE 2023







Please make sure that you top-up your son or daughter's account each week so that he/she is able to access all the delicious meals in the school restaurants.

There is a small overdraft facility on ParentPay accounts of £2 for emergency situations, which covers the cost of a sandwich.

Due to the cashless system in place, there is no other back up.

We do not want any student to miss lunch or the great choice of food available every day in our restaurants. The chefs work hard each day to provide a variety of delicious meals for the school.

If you need assistance navigating the site then help is available here: <u>https://support.parentpaygroup.com/hc/en-gb/sections/6089568194577-</u> <u>Parents-and-guardians</u>

If you have any other queries, please contact the school – <u>office@becketkeys.org</u>



A Message from the Admin Team

Remember that all correspondence to the school must come through the school office email: <u>office@becketkeys.org</u>

Your message will be forwarded to the member of staff concerned.

You can also send a message via the contact page on the website:

https://www.becketkeys.org/contact-staff

You can also now reply directly to any message you receive from the school via Bromcom, just hit the reply button and it will go to the office.

Students can contact their teachers via Satchel One if they have any queries regarding their lessons.

Please do not email staff directly as any message received in this way will not receive a response.

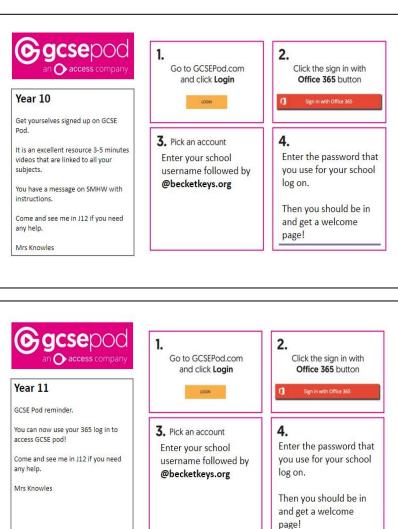
Many thanks for your understanding.



Education on Demand

GCSEPod has lots of resources and tips to help students with motivation, how to learn, news and free resources. Designed to engage learners, improve confidence, and accelerate progress. Statistics show that students who use GCSEPod can achieve 1 additional grade higher in each subject!

GCSE Learning and Revision | GCSEPod





If you are doing shopping online. Why not see if you can help raise some funds for FoBK through your online purchases in a few easy steps:

Click here, then:

- Click 'Sign up and support this cause'.
- If new to Easyfundraising then set up an account.
- Browse the hundreds of online shops who participate in the scheme and go shopping! As long as you go into the online sites through the Easyfundraising site, you will register a donation to FoBK. You can even get an App for your phone! It will not cost you a penny!

If already a member, then why not refer a friend? FoBK will get a bonus when each person you refer makes a purchase.

Exam Prayer for Year 11 and 13 students:

Jesus,

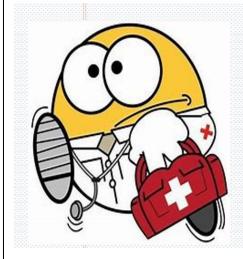
This exam season is challenging, and I have mountains of work ahead of me, yet I trust in you. I know that when I put my faith in you, even when it is as small as a mustard seed (Luke 17:6), miracles can be accomplished. I pray that as I study in these coming weeks, as I soak up knowledge and memorise facts, as I read and process and write, that you would be renewing my mind and strengthening my spirit. Help me to persevere through my busy schedules and help me to keep my eyes fixed on you throughout it all.

As I enter the exam hall, I pray that you would blanket me in your peace. Ease any anxieties, calm my restless mind, and give me focus on the task at hand. I pray that I would know my worth is in you alone, not in any grade I do or do not get. I pray that I would feel your presence during my exams, and that I would be comforted by your nearness.

Thank you for the gift of this education, Jesus. I pray that these exams would be a celebration of all I have been learning, and that I would be grateful for all that I have experienced. May I recognise all the ways in which I have grown.

May you be glorified, Lord.

Amen.



<u>Spanish</u> Speaking Clinic for Year 10

Join us to learn strategies and techniques to support you in your GCSE speaking exam. *Practice makes perfect!*

When? Mondays 3:20-4:00 pm

Where? C32/C31

THE SCHOOL NURSE IS AVAILABLE ONLINE

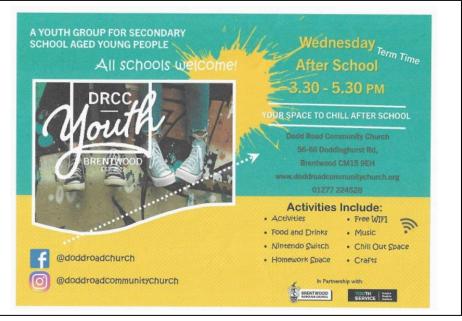


Help and advice in relation to:

How can you make contact? Use 'CHAT Health'

This is manned by a School Nurse between the hours of 9-5pm Monday to Friday, and they will respond to all messages within 24 hours Monday – Friday. The aim is to provide a timely, and convenient access to confidential health advice for every young person in Essex. Phone or text: 07520 615732

No parental consent required for students aged 13 and over.





PROPERTY

If your son/daughter has misplaced anything at school, then kindly inform them that all lost property is taken to reception for collection.

Please make sure that all items, especially uniform are named, this will ensure that items can be returned to the student easily.

Thank you!

GCSE & A LEVEL

<u>EXAMS</u>

Please pray for all students who are taking exams.

See website for more details.

https://www.becketkey s.org/exams

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available to help.

When?

Tuesday 3:15-4:15pm

Where? C33

AND DO

SPANISH

HOMEWORK



The Brentwood foodbank is part of The Trussell Trust's network of 428 foodbanks, working to tackle food poverty and hunger in our local communities, as well as across the UK.

The Foodbank Network was founded in 2004 after four years of developing the original foodbank based in Salisbury. Since then The Trussell Trust has helped communities work together to launch foodbanks nationwide in a wide range of towns and cities.

In 2021/22, The Trussell Trust's Foodbank Network provided 2,173,158 three-day emergency food supplies and support to UK people in crisis. Of these, 832,109 went to children.

Brentwood Foodbank was established in 2011 by two partnered churches of Brentwood. Brentwood Foodbank works with a number of frontline care agencies to provide food parcels to the most vulnerable members of the community.

Brentwood Foodbank do not think anyone in the community

should have to face going hungry. That is why they work hard with their volunteers to provide three days' nutritionally balanced emergency food and support to local people who are referred when in crisis. They are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

The need for the Foodbank is still high and the local Foodbank is now currently feeding over 100 people every day.

Collections are becoming more important. Please assist those who are less fortunate and donate urgent items on the above list. Collection points are at St Thomas of Canterbury Church, St Stephen's Ingrave (Friday 10am-12pm) and Sainsbury's. Thank you for your continued assistance.

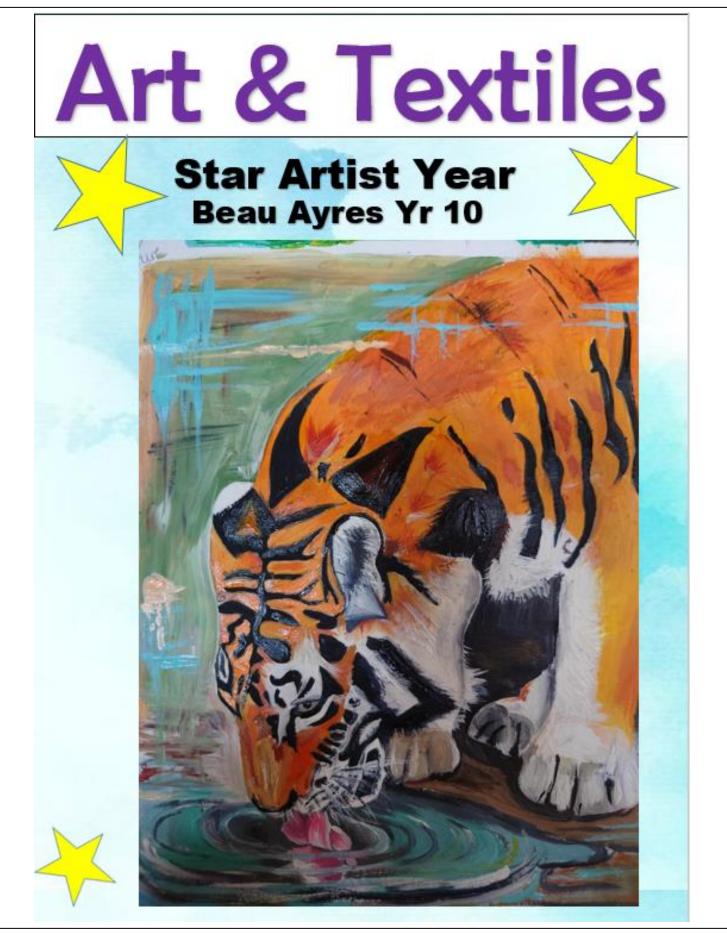


<u>JUNE</u>

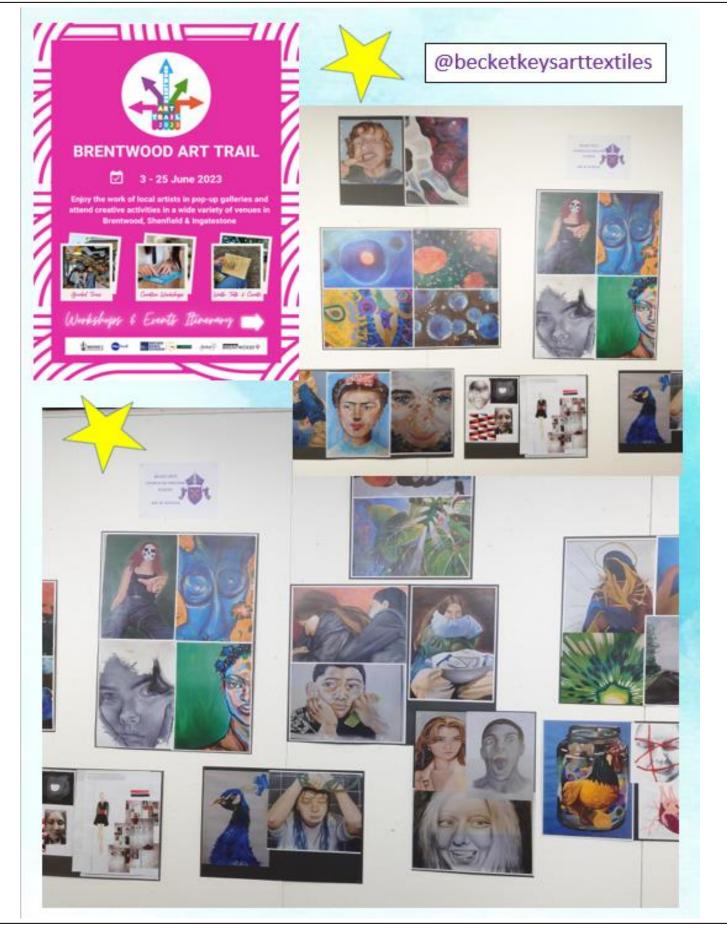
ITEMS REQUIRED

Beef/Chicken Casserole Minced Beef & Onion Chilli Con Carne/Curries Hot Dogs/Meatballs Noodles **Rice Pudding** Custard **Tinned Fruit Instant Mash/Potatoes All Cleaners Bleach** Washing Up Liquid Washing Powder or Gel Shampoo **Toothpaste Shaving Gel** Nappies Size 5 & 6 **Baby Wipes Deodorants Toilet Roll**

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DATES FOR YOUR DIARY

PARENT WORKSHOP 12TH JUNE 2023 5.30PM https://www.eventbrite.co.uk/e/freeparent-workshop-teenage-mental-healthtickets-651806469697

> INSET DAYS (NO STUDENTS IN SCHOOL) FRIDAY 16TH JUNE 2023 MONDAY 19TH JUNE 2023

<u>SOUTH WEALD FESTIVAL</u> <u>SCHOOL CONCERT</u> ST PETER'S CHURCH

TUESDAY 20th JUNE 2023

*

CONCERT AT CHELMSFORD CATHEDRAL

WEDNESDAY 21ST JUNE 2023

*

SIXTH FORM BRIDGING EVENT 20TH & 21ST JUNE 2023

*

SCHOOL OF ROCK!

MONDAY 17TH JULY TUESDAY 18TH JULY WEDNESDAY 19TH JULY

Becket Keys Church of England School

Sawyers Hall Lane Brentwood, Essex CM15 9DA 01277 286600

www.becketkeys.org office@becketkeys.org finance@becketkeys.org

Twitter: @BecketKeys @MrScottEvans @BecketKeys6th @BecketKeysMusic @BecketKeysPE @BecketKeysArt @BecketKeysSci @BecketKeysDT

Facebook: Becket Keys Church School